



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY



# INSPIRING ACHIEVEMENT, BELONGING AND CONNECTION

YMCA After School program in Chesapeake

2015–2016 School Year  
YMCA OF SOUTH HAMPTON ROADS

Children are like sponges—they watch and absorb knowledge, skills and values from everything and everyone around them. At the Y, we believe the values and skills learned early on are vital building blocks for quality of life and future success.

That's why our childcare programs are staffed with people who understand the cognitive, physical and social development of kids, the need children have to feel connected and supported in trying new things, and the caring and reinforcement parents and families need to help each other. At our after-school programs at the Y, school-age kids make friends, learn new skills and do homework. With a focus on safety, health, social growth and academic enhancement, Y child care programs serve kindergartners through middle schoolers with a variety of activity options to explore and develop their interests and talents. Most importantly, they learn how to be their best selves. That makes for confident kids today, and contributing and engaged adults tomorrow.



## WHY CHOOSE YMCA CHILD CARE?

**Respectful Relationships** are formed between the staff and children and the staff and parents. Children have time to play with one another and form lasting friendships.

**Caring Environment** means our space is warm and inviting with activities indoors and outdoors. Activities are geared to the children's interests. Children can play alone, in small or large groups, and schedules are flexible and the atmosphere is relaxed.

**Safety and Health is job #1!** We check daily to ensure that all areas your child will be in are clean and free of safety hazards.

### Improving Academic Performance

In 2014, the YMCA of South Hampton Roads identified improving the academic performance and leadership skills of children enrolled in youth development programs as a priority. As a result, Y-Child Care implemented a new curriculum that emphasizes STEM and literacy education through fun, interactive activities designed to improve the academic achievement of children in our after-school programs.

Additionally, our **Academic Achievers** program is designed to identify children who need additional educational support to succeed in school and is offered at no additional cost.

Serving over 2,500 children every day, our Before- & After-School programs offer far more than just homework assistance—although we build in time for that as well. Children choose their own activities from a list of many options. These options allow for individual time with friends, small group time and large group activities. We strive to make going outside a part of every day!

**Fun Activities:** During free choice time, the following are available:

- Arts & Crafts
- Music Activities
- Blocks and Construction
- Drama and Pretend Play
- Language and Reading Activities
- Science, Technology, Engineering and Math Activities (STEM)
- Y Clubs - progressive projects based on your child's interest
- Sports & Games
- SPARK (Sports, Play and Active Recreation for Kids) activities

### Dedicated and Highly Trained Staff

Staff meet strict YMCA qualifications, and have passed criminal background and Child Protective Services checks after careful reference checks are completed. Our staff participate in several training and certification programs, including infant/child CPR, First Aid, prevention/recognition of child abuse, OSHA blood borne pathogens, child development, curriculum planning and licensing regulations. Staff are trained in a variety of topics, which include activity planning, safety procedures, licensing, child development and guiding children's behaviors. Staff-student ratio of 1:15 exceeds state guideline of 1:18.

## OUR PROGRAM

The YMCA incorporates our five core values of caring, honesty, respect, responsibility and faith into every YMCA program. After-School Child Care, in particular, emphasizes these unique components to help children develop positive identities, values and social skills. These are essential character-building blocks that nurture and empower young people to grow up to be healthy, competent, caring and responsible adults.

### After-School Program

At the Y, we have over 40 program locations throughout South Hampton Roads and northeastern North Carolina so that parents can have peace of mind. In our programs, we strive to expose children to a variety of new and exciting experiences. The program provides 5–12 year-olds with chances to unwind, explore and experiment, discover new ideas, work cooperatively in small groups and enjoy large group activities.

### Inclement Weather Care

When weather or other unplanned events cause school to close and the Y is able to open, full-day care is provided at no additional cost to participants in the before- and after-school program.

### School's Out Camp

**School's out for the day, but we can help.** When schools take a break from their instructional schedule, children need a safe, exciting place to get away from it all. The YMCA offers full-day School's Out Camp at the Y for an additional fee on many of the days when the public schools are closed. School's Out Camps allow parents the peace of mind knowing that their child is in a safe, caring environment.



# THE Y'S AFTERSCHOOL PROGRAM

gives kids and teens a safe place to go in the afternoon. But it also helps them realize who they are and what they can achieve, with a balanced program built on academic intervention, health, and enrichment programming.



Welcome,  
Snack &  
Attendance

Health &  
Wellness

Academic Support

STEM

Global  
Learning

Leadership

Enrichment

## LOCATIONS AND PRICES

After-School Care: \$67/week elementary; \$57/week middle

YMCA Child Care programs are provided **on-site** at:

- B.M. Williams Primary (**BMW**)
- Butts Road Intermediate (**BRI**)
- Carver Intermediate (**CV**)
- Cedar Road Elementary (**CR**)
- Crestwood Intermediate (**CI**)
- Deep Creek Elementary (**DCE**)
- Georgetown Primary (**GTP**)
- Grassfield Elementary (**GRE**)
- Great Bridge Intermediate (**GBI**)
- Greenbrier Intermediate (**GI**)
- Greenbrier Primary (**GP**)
- Southeastern Elementary (**SE**)
- Western Branch Intermediate (**WBI**)

**Transportation** to YMCA Child Care programs at the locations listed above is provided from the following schools:

- Butts Road Primary (**to BRI**)
- Camelot Elementary (**to DCE**)
- Crestwood Middle (**to CI**)
- Deep Creek Central (**to GRE**)
- Great Bridge Primary (**to GBI**)
- Great Bridge Middle (**to GBI**)
- Greenbrier Middle (**to GI**)
- Hickory Elementary (**to SE**)
- Hickory Middle (**to SE**)
- Hugo Owens Middle (**to GRE**)
- Indian River Middle (**to GTP**)
- Norfolk Highlands (**to CV**)
- Oscar Smith Middle (**to CV**)
- Portlock Primary (**to CV**)
- Sparrow Road Intermediate (**to GTP**)
- Thurgood Marshall Elementary (**to CV**)
- Treakle Elementary (**to DCE**)
- Western Branch Primary (**to WBI**)

### Financial Assistance

Our Open Doors program makes financial assistance available, as funds permit, to families who are unable to pay the full program fee. Funds for financial assistance have been made available through generous contributions to our annual giving campaign. Contact your local YMCA for more information on how you can participate in the Open Doors program or visit [www.ymcashr.org/opendoors](http://www.ymcashr.org/opendoors).



Visit [www.ymcashr.org/schoolage](http://www.ymcashr.org/schoolage) to learn more and to register online, call us at (757) 366-9622 or stop by the Greenbrier North YMCA.

**YMCA OF SOUTH HAMPTON ROADS**  
920 Corporate Lane, Chesapeake, VA 23320  
P 757 965 5555 W [www.ymcashr.org](http://www.ymcashr.org)



# CHILD CARE LOCATIONS

The YMCA provides Before- & After-School programs in YMCA family centers and in select public schools throughout the community. For a complete list of schools we serve, visit [www.ymcashr.org/programs/schoolage](http://www.ymcashr.org/programs/schoolage).

## CHESAPEAKE

**Chesapeake School-Age  
Child Care YMCA**  
2100 Old Greenbrier Road  
Chesapeake, VA 23320  
P 757 366 9622

## CURRITUCK

**Currituck Family YMCA**  
130 Community Way  
Barco, NC 27917  
P 252 453 9632

## ELIZABETH CITY

**Albemarle Family YMCA**  
1240 North Road Street  
Elizabeth City, NC 27909  
P 252 334 9622

## FRANKLIN

**James L. Camp, Jr. Family YMCA**  
300 Crescent Drive  
Franklin, VA 23851  
P 757 562 3491

## NORFOLK

**Blocker Norfolk Family YMCA**  
312 West Bute Street  
Norfolk, VA 23510  
P 757 622 9622

## PORTSMOUTH

**Effingham Street Family YMCA**  
1013 Effingham Street  
Portsmouth, VA 23704  
P 757 399 5511

## SUFFOLK

**Suffolk Family YMCA**  
2769 Godwin Boulevard  
Suffolk, VA 23434  
P 757 934 9622

## VIRGINIA BEACH

**Hilltop Family YMCA**  
1536 Laskin Road  
Virginia Beach, VA 23451  
P 757 422 3805

**Indian River Family YMCA**  
5660 Indian River Road  
Virginia Beach, VA 23464  
P 757 366 0488

**Mt. Trashmore Family YMCA**  
4441 South Boulevard  
Virginia Beach, VA 23452  
P 757 456 9622

**Salem YMCA Family Center**  
2029 Salem Road  
Virginia Beach, VA 23456  
P 757 471 9622

**SPACE IS LIMITED; REGISTER YOUR CHILD FOR YMCA CHILD CARE TODAY!**