

April Parent Newsletter

CHESAPEAKE ALTERNATIVE SCHOOL

605 Providence Road, Chesapeake, VA 23325

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Principal's Corner

The time change combined with the days growing longer again encourages students to stay out longer in the afternoons. As a result, they often get to bed later and sleep less than they do in the winter. Sleep deprivation has been found to affect students' academic performance as well as their behavior. Springtime at school means SOL preparation, review, and testing. Students need to "bring their A game"! Help your child be a success at school by ensuring that he or she gets enough sleep on a regular basis. We appreciate all your support!

Dr. Penny Schultz, Principal



Office Notes:

Farm Fresh:

Each time you shop at Farm Fresh you can earn money for our school. Please see Ms. Stedman in the office for your Farm Fresh 1.2.3.4 swipe cards and use them every time you shop.

Supplies:

Half the year is gone and many supplies are low. Kids may need new binders, loose leaf paper, and pens/pencils. Teachers are getting low too and are accepting the following donations:

Tissue boxes

Hand sanitizer

Glue Sticks

White Board Markers



English

English classes are switching gears and transitioning to practicing skills necessary for the Reading SOL in May. Students will be tested on their ability to read and comprehend both fiction and non-fiction selections. You can help at home by reading with your student. Engaging in conversations and discussions during and after reading, aids students' comprehension. Pick a book or reading a newspaper together. Below are also some websites that contain non-fiction articles as well as accompanying reading comprehension questions that will help you start a discussion. No matter what you read together, it becomes a wonderful shared experience! Happy Reading!

[-http://www.tweentribune.com](http://www.tweentribune.com)

[-https://newsela.com/](https://newsela.com/)

E. Lewis, M. Moyer, English



Reading

Spring Break is a few weeks away, and whether your family is relaxing at the beach, traveling to visit family, or spending time on the home front, Spring Break can -- and should -- be a time for reading. Fun reading at that! Read "Summer Fun Spring Break Reading" to learn about ways to incorporate reading into your child's break. <http://www.scholastic.com/parents/blogs/scholastic-parents-raise-reader/super-fun-spring-break-reading>

D. Deloatch, *Reading Specialist*



Math

The following is a link to a website with some math activities for spring:

<http://mathcats.org/ideabank/springmath.html>

J. Kesner, G. Kirk -*Math*



History

7th Grade: We are covering the New Nation: students will be exploring how the United States grew with the Louisiana Purchase, the first 5 Presidents in the United States, and the Corps of Discovery run by Lewis & Clark. Virginia is the home of the first British colony in America. It was also the home of 4 out of the first 5 Presidents. Virginia has many historical sites. If you get a chance during Spring Break, take some time to visit some of them.

8th Grade: We are learning about World War II and how this was a war that was fought on two fronts: in Europe and in the Pacific. As part of our WWII study, we will be learning about the Holocaust, the Attack on Pearl Harbor, and the bombings of Hiroshima & Nagasaki. As a family, we ask that you watch the History Channel or movies about this time period in order to help students build prior knowledge.

9th Grade: Students often have a difficult time relating to World History prior to 1500. Currently we are studying topics such as the Roman Empire, the divisions of the Christian church including the authority of the Pope in the West & the authority of the Patriarch of the East, and then moving on to the middle ages. Movies and documentaries can help students build on their knowledge about the time periods discussed in the course and help them succeed not only in this class, but in future History classes as well.

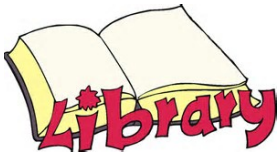
L. Tsimba, S. Zegarelli, *History*



Science

Science 7 students are currently investigating the concepts of ecology. Students are reminded to retain all of their notes for the end of course final assessment. Science 8 students are wrapping up the yearly topics and will conclude the month with an exploration of electromagnetic energy and waves. Students will then begin their review of 6th, 7th and 8th grade concepts in preparation for the 8th grade SOL test. A spring break trip to one of the many museums in our area would help students build connections in science!

J. Doss, H. Seigle - *Science*



Library News

We have received our final shipment of new books: Manga, graphic novels, action, non-fiction, romance, mysteries, and science fiction titles are among the genres we've received recently; so everyone is bound to find a title that they will enjoy.

M. DeCamillis - Librarian



Special Education

Career Exploration is critical to helping your teen prepare for a successful future. This process can help your teenager choose a career that matches their interests, skills, and personality, and can increase their chances of financial success, personal fulfillment, and happiness. Begin exploring careers with your teenager today!! How? Use the internet. Here are some key words you can start with:

[Career inventories](#)

[Interest inventories](#)

[What career is right for me?](#)

[Skills assessment](#)

[Jobs that do not require a high school diploma or GED](#)

[How to get an apprenticeship](#)

[High-paying jobs with an associate's degree](#)

[Top careers in demand in 2015](#)

H. Lucart, J. Walski - Special Education



Technology **Internet Safety**



April newsletter 2017
10 Internet Safety Tips

(Click on Word Icon to open document)

N. Bichara - Technology Integration Specialist



Recognition Programs

All students are eligible for daily recognition with our MVP awards program. Each day, all students who have earned an MVP award are recognized.

Each month, one student will be chosen as the student of the month. Scorecards, behavior, and attendance will all factor into the decision.

Perfect Attendance Breakfast for February and March will be coming soon. Parents are invited to join in this celebration.

Periodically, students will have the opportunity to win a new bicycle, which were donated by the Chesapeake Police Department. Students will have the opportunity to win one of the bicycles by participating in various contests such as essay writing or meeting certain goals such as perfect attendance, etc...

Students who have made it to the All-Star and Coach level receive special privileges such as being able to move about the building without an escort. They also earn the opportunity to participate in various social times in the cafeteria and the media center as well as assemblies and recognition events.



Behavior Team

*When a student reaches the coach level, they are permitted to wear solid black shirts.

*Make sure to sign the bottom portion of your child's scorecard each night. This helps students keep their daily percentages up.

*Also, please check every day to see if your child has homework.

Quote of the Month

"It had long since come to my attention that people of accomplishment rarely sat back and let things happen to them. They went out and made things happen." -

Elinor Smith

MARK YOUR CALENDAR...

April 7 – End of grading period (K-12)

April 7- Early Release Day/Teacher's records day

April 10-14 – Spring Break