

Why Should I take Psychology?

- * Psychology can help you understand the human world around you.



- * Psychology can help you understand yourself better.

<http://www.all-about-forensic-psychology.com/images/forensic-psychology-career.jpg>

help you appreciate differences in the people around you.

- * Psychology can help you appreciate differences in the people around you.

- * Having a background knowledge in Psychology can help you in college Psychology.

- * Companies today are looking for someone who can work with others. Psychology can teach you how to work more effectively in a collaborative environment.



<http://2.bp.blogspot.com/-RYd3e8hcQuw/Tec8BRNRp3I/AAAAAAAAAB4/DkoA-kpb7U/s1600/Case-Studies-Of->

“A pessimist sees the difficulty in every opportunity; an optimist sees the opportunity in every difficulty.”

~Winston Churchill



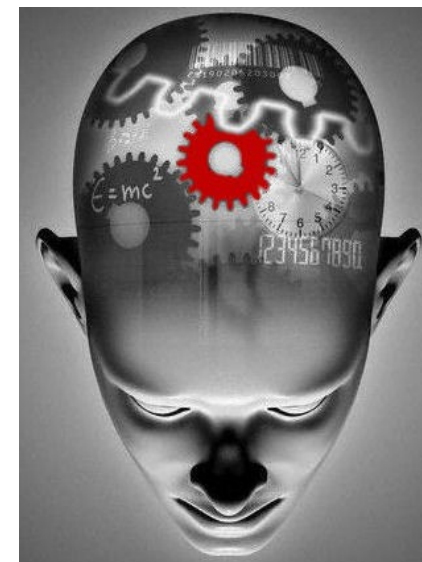
<http://globalgoodgroup.com/wp-content/uploads/2012/01/Sunshine.jpg>

**For more Information,
see Mrs. Thompson in
Room 204!**

Psychology

Mrs. Thompson (204)

“Know Thyself”~
Socrates



http://oregonstate.edu/cia/psych_science/sites/default/files/img/Psychology.jpg

“The Brain is wider
than the sky” ~Emily
Dickinson

What is Psychology?

⇒ Psychology is the scientific study of human behavior and mental processes



<https://www.ncchomelearning.co.uk/secure/images/>

⇒ Psychology explains why a person thinks and behaves the way they do.

⇒ Psychology observes, describes and predicts human behavior.

⇒ Psychology studies human development and explains why people change as they grow.

⇒ Psychology studies abnormal disorders and explains why some people are more prone to psychological problems.

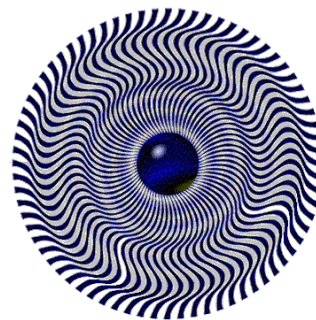
⇒ Psychology studies how to learn better, remember more, and experience more of the world around you.

⇒ Psychology explains why and how people do things they know are wrong.

Course Units:

* **Unit 1- Consciousness:** Why do some people have nightmares or sleep walk? How can someone alter their state of consciousness? We will study sleep, dreams, and altered states of consciousness in this unit.

* **Unit 2- Sensation and Perception:** What do your senses have to do with understanding the world around you? Sensation and perception looks at interpretation of your world and illusions.



<http://www.fas.harvard.edu/~ppp/img/opticcy2.gif>

* **Unit 4- Thinking and Intelligence:** Are some people naturally more intelligent than others? How is intelligence measured? We will look at problem solving and differences in intelligences.

* **Unit 3- Learning and Memory:** Why do some people have better memories? Why is learning easier for some people? We will look at how people learn, memory classifications, and how each affect you.



<http://www.iaapindia.org/wp-content/uploads/2010/12/>

* **Unit 5- Developmental:** Grow, baby, grow! How does a person change over the course of their life? Do they only change physically? We will look at the physical, social, and cognitive development of humans.

* **Unit 6- Motivation and Personality:** What motivates you? How do others influence you? We will look at motivation, advertisements, subliminals, and personality traits.

* **Unit 7- Gender Roles, Stress, and Health:** What defines you and makes you different? How can you handle stress in a healthy manor? Does your psychological state impact your health? We will look at these questions and more in this unit.

* **Unit 8- Social Cognition:** How do you behave in a group? Why do people participate in movements like Nazism? What's the difference between conformity and obedience? We will look at group behavior, obedience to authority and more in this unit.

* **Unit 9- Psychological Disorders and Treatments:** What kinds of Psychological disorders exist? How is someone diagnosed with a psychological disorder? We will look at all kinds of disorders from anxiety and mood to schizophrenia and how they are treated in this unit.