

PHYSICIAN PRESCRIBED AND OVER-THE-COUNTER MEDICATION INFORMATION

Because of the dangers of misuse of drugs, we attempt to discourage administration of medication during school hours and, whenever possible, request that doses of medication be scheduled at times other than school hours. We recognize that this is not always possible and will cooperate in the administration of medication that must be given during school hours. In order to undertake this, these regulations are required:

1. A physician's written order and parent/guardian authorization are required for medication to be administered to a student.
2. A medication order form (CS-405) completed by the physician and parent is required for a student to be administered medication at school. The parent can obtain the form from the school principal or nurse. The physician provides information detailing the name of the medication, dosage, time interval, possible side effects, duration of order, and the medical condition for which medication is prescribed.
3. Requests for changes in the dosage must be authorized by the physician.
4. Each school year a new medication order form has to be provided for the current year.
5. For the safety and welfare of all students, medication cannot be brought to school by the student. The medication must be delivered in a container appropriately labeled by the pharmacy or physician to the principal or school nurse by the parent/guardian or another adult designated by the parent.
6. The medication will be kept in a locked area of the school clinic and dispensed as prescribed by the physician.
7. Additional information regarding students needing self-administered inhaled medication for asthma or self-administered auto-injectable epinephrine is available through the school nurse.
8. Over-the-counter medication will be given only if prescribed by a physician. Over-the-counter medication has the potential for adverse side effects; therefore, the same regulations as for prescription medication must be met. In addition, over-the-counter medication must be delivered to the school in an unopened container.
9. Prescribed medication that has been discontinued by the student's physician must be picked up by the parent within two (2) weeks. All medication that has not been given at the end of the school year shall be picked up by the parent by the last day of school, or that medication will be destroyed. Medication will not be sent home with the students.

Incidents resulting from failure to use self-carry medications as indicated by instructions given by the physician or packaging, which could endanger student safety, may subject the student to disciplinary actions which may include suspension and/or a recommendation for expulsion.

Medications for After School Activities/Events:

It is extremely important that parents/guardians notify the school nurse and individual(s) in charge of an activity/event their child will be participating in, if their child needs to have available any emergency medication such as, an Epi-pen, Insulin, Glucagon, etc. The school clinic is closed and there is no nurse available after regular school hours. Please note that a student may self-carry inhaled asthma medication, auto-injectable epinephrine, or other emergency medications as long as the proper procedure is followed as stated in the medication policy. Please develop a plan with the nurse and individual in charge of the activity/event so a safe environment of all children may be maintained.

School-Based Screening Programs

Chesapeake Public Schools will, in accordance with state and local regulations conduct speech-language, hearing, vision, and motor development screening programs.

Speech, language, motor development, hearing and vision are all vital in ensuring school success. Hearing and vision screenings will be conducted on all newly enrolled students who have not previously been screened and speech-language and motor screening will be completed on all newly enrolled students through grade three.

To complete this requirement, Chesapeake Public Schools will conduct speech-language, hearing, vision and motor development screenings during the first few months of school. In addition, vision and hearing screenings will be assessed on all students in grades K, 3, 7, and 10. Vision will also be screened in grade 5. The speech pathologist, school nurse, clinic assistant, and other appropriate school personnel will complete these screenings.

It is through this screening process that potential problems can be identified and addressed prior to any adverse effect on school performance. Parents/Guardians will be notified of the screening process results only if the need for further evaluation is indicated.

Students may be exempt if parents object on religious grounds and the student shows no evidence of any defect or disease of the eyes or ears (Code of Virginia 22.1-273).

Parents/Guardians may request a vision and/or hearing screening at any time. If teachers request a vision and/or hearing screening and the student is not in a screening year, written parental permission must be obtained.

If you have any specific questions related to this information, you may contact the school nurse assigned to your child's school.

Scoliosis Screenings

Just What Is Scoliosis?

Everyone's spine has natural curves. These curves round our shoulders and make our lower back curve slightly inward. Some people have spines that also curve from side to side. These curves cannot be corrected simply by learning to stand up straight. This condition of side-to-side spinal curve is called scoliosis.

Scoliosis affects a small percentage of the population. The cause is virtually unknown, usually developing in middle or late childhood. Warning signs may include uneven shoulders, prominent shoulder blades, uneven waist, elevated hips, or leaning to one side. **Early detection** is important so a student's pediatrician or physician can monitor curve progression. **Only a physician** can accurately diagnose scoliosis. Early detection is most important for successful treatment. The goal of the treatment is to stop the deformity. If left untreated, scoliosis can cause problems with heart and lung functions. Treatment of scoliosis, once diagnosed, depends upon the cause and severity of the deformity. Treatment may include close observations, exercise, bracing, electrical stimulation, surgery, or a combination of these.

Additional information on scoliosis can be obtained from your family physician and the school nurse.

Tdap Immunization Requirement for 6th Graders

The Code of Virginia 32.1-46, effective 2006-2007, requires all rising 6th graders and newly enrolled 7th to 12th graders to have a booster dose of pertussis-containing vaccine **prior to entering 6th grade. Documentation is required to be submitted before first day of classes or the student may not attend class.** Please call the school nurse with any questions.

Seizure Management Guidelines

Information on seizures can be found at the following website: http://www.doe.virginia.gov/support/healthmedical/seizure_management.pdf.

Discrimination Policy

All members of the Chesapeake Public School community are reminded that the Chesapeake City School Board and all Chesapeake Public Schools are committed to avoiding discrimination at all times. As School Board Policy 3-6 indicates:

The School Board is committed to the principle of equal opportunity for all and shall not permit unfair discrimination on the basis of race, color, national origin, sex, age, or disability. This principle shall apply to students, employees, patrons, vendors, and all others who serve or are served by the school system...

This requirement extends to all aspects of the school program, including the educational and extracurricular programs.

Procedures for seeking resolution of grievances resulting from alleged discrimination are available from the Director of Student Services who serves as the Title IX coordinator at:

312 Cedar Road, Chesapeake, VA 23322 * 757-547-0585

Sexual Harassment and Discrimination Policy

All members of the Chesapeake Public Schools community are reminded that the Chesapeake City School Board and all Chesapeake Public Schools are committed to avoiding sexual harassment and discrimination at all times. As School Board Policy 9-23 indicates:

Sexual harassment/discrimination committed by or against one or more students by either student or School Division staff of the opposite or same sex constitutes inappropriate behavior and is prohibited. Such misconduct may be unlawful and if determined after investigation to have occurred, will result in disciplinary action up to and including expulsion of students and/or discharge of employees..

This requirement extends to all aspects of the school program, including the educational and extracurricular programs.

Procedures for seeking resolution of grievances resulting from alleged sexual harassment and discrimination are available through the School Division website: www.cpschools.com or from the Director of Student Services at

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