

# GET WEIGHT WATCHERS TO WORK FOR YOU

Whenever you're bored, stressed or running short on time, **Hungry** is right there tempting you with wrong food choices. Weight Watchers can help you change all that.

With **Weight Watchers At Work\*** meetings, you can bring the power of Weight Watchers right to your workplace, so even the busiest professionals can attend and learn how to conquer Hungry once and for all.



Join Weight Watchers At Work meetings now.

**Session begins March 17, 2010**  
**4:15 p.m. Wednesday**  
**Chesapeake Public Schools**  
**School Administration Building**  
**312 Cedar Road**

Cost: \$168 - Payable by: Cash, Major Charge or Check (Split payment option available-  
3 Checks for \$56, all dated for 3/10, and deposited on 3/10, 4/10, 5/10)  
For more information, contact Stasia West at (757) 547-0465 or westsan@cps.k12.va.us

\*Available in participating areas only. Minimum enrollment required.

© 2009 Weight Watchers International, Inc., owner of the WEIGHT WATCHERS registered trademark. All rights reserved.

 **Weight Watchers®**  
Stop Dieting. Start Living.